



## P.E. Curriculum: Long Term Planning

2020-2021

Please be aware that, due to the current health situation, there may be some changes to our P.E. curriculum as the year progresses.

### Nursery

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Ball Skills: Unit 1	Games: Unit 1

Outdoor area to be used as part of continuous provision to develop motor skills in accordance with EYFS framework.

### Reception

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Ball Skills: Unit 2	Games: Unit 2

Outdoor area to be used as part of continuous provision to develop motor skills in accordance with EYFS framework.

### Year One

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yoga	Fitness	Team Building	Gymnastics	Net and Wall	Striking and Fielding
Fundamentals	Sending and Receiving	Dance	Ball Skills	Athletics	Invasion

Year Two

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yoga	Dance	Team Building	Gymnastics	Net and Wall	Striking and Fielding
Fitness	Sending and Receiving	Target Games	Ball Skills	Athletics	Invasion

Year Three

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fitness	Yoga	Gymnastics	Swimming	Rounders	Dodgeball
Tennis	Football	Netball	Swimming	Athletics	Dance

Year Four

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fitness	Yoga	Basketball	Swimming	Cricket	Outdoor Adventurous Activities
Tag Rugby	Hockey	Tennis	Gymnastics	Athletics	Dance

Year Five

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Tennis	Football	Gymnastics	Dance	Athletics	Dodgeball
Fitness	Netball	Volleyball	Yoga	Rounders	Outdoor Adventurous Activities

Year Six

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fitness	Hockey	Basketball	Gymnastics	Athletics	Cricket
Tag Rugby	Tennis	Badminton	Yoga	Dance	Outdoor Adventurous Activities