

# Quick Guide to Parent/Carer Actions: Covid-19 (Sep 2020)



## The symptoms of COVID-19 are

- **a high temperature** – you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – you cannot smell or taste anything, or things smell or taste different to normal

<i>What to do if...</i>	<i>Action needed</i>	<i>Return to school when...</i>
...my child at Huntington has Covid-19 symptoms	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Self-isolate</li> <li>• <a href="#">Get a test for the child</a></li> <li>• <b>Inform school of test result quickly</b></li> </ul>	...the test comes back negative
...my child at Huntington tests positive for Covid-19	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Inform school of test result quickly</b></li> <li>• Self-isolate for 14 days</li> </ul>	<p>... they feel better and have no temperature, <b>after 14 days.</b></p> <p>They can return to school even if they have a cough or loss of smell/taste (these symptoms can persist once the infection is gone).</p>
...somebody else in my household or support bubble has Covid-19 symptoms	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Self-isolate</li> <li>• Person with symptoms to <b>get a test</b></li> <li>• <b>Inform school of test result quickly</b></li> </ul>	...the person's test is negative.
...somebody else in my household or support bubble has tested positive for Covid-19	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Self-isolate for 14 days</li> </ul>	...the child at Huntington has completed 14 days of self-isolation
... NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed Covid-19	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Self-isolate for 14 days</li> </ul>	...the child at Huntington has completed 14 days of self-isolation
...we/my child travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> <li>• <b>Term time holidays, including absence as a result of needing to quarantine, are unauthorised.</b></li> </ul> <p><b><u>Returning from a destination where quarantine is needed:</u></b></p> <ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Self-isolate for 14 days</li> </ul>	...the quarantine period of 14 days has been completed
...we have received medical advice that my child must resume shielding.	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school as required by the medical team</b></li> <li>• Shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	...school inform you that restrictions have been lifted and your child can return to school again.

If in doubt, read the detailed guidance: [Stay at Home](#)