

# HOW TO WASH YOUR HANDS

PROTECT YOURSELF AND OTHERS BY FOLLOWING THESE STEPS.



Wet hands



Apply soap



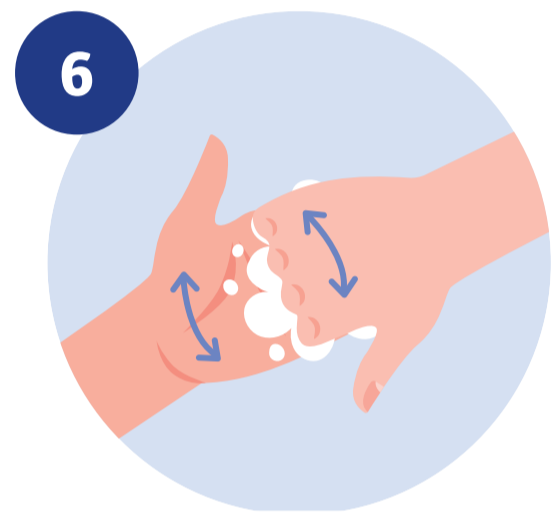
Rub palms



Lather hands



Scrub between fingers



Rub knuckles



Clean thumbs



Wash fingertips



Rinse hands



Dry with paper towel



Put paper towel  
in pedal bin



Your hands are clean