



Huntington Community Primary School,
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July 11th, 2022

Dear Parents/Carers

Commencing July 15th, children in year 5 will take part in a short course of lessons about growing up and relationships. Boys and girls will be taught separately, to enable gender-specific issues to be dealt with, but will cover almost entirely the same material, as outlined below:

Y5 Puberty

Outcomes:

- explain what puberty means
- describe the changes that boys and girls may go through during puberty
- identify why our bodies go through puberty
- develop coping strategies to help with the different stages of puberty
- identify who and what can help us during puberty

We will be using audio-visual material from *1decision*. All of their materials have received the Quality Mark from the PSHE Association, which means that schools and parents can be assured that they include the very best practice as part of a whole-school approach to keeping children safe, happy, and healthy. The *1decision* material will accompany the puberty lesson, which will be largely discussion-based. Parents have a legal right to withdraw their children from all or some of the lessons if they so wish, but we would encourage all children to participate in the course.

A link to the video content for the puberty lesson will be sent via text message on Monday to allow parents to view the material. **This link will only be live on Monday and Tuesday this week.**

For further information regarding 1decision see link below:

[Parent / Carer Zone | 1decision](#)

Any parents who wish to discuss the video material are welcome to attend **a meeting with Mr Cunnington at 5pm on Wednesday 13th July (Y6 Alder classroom)**, please email admin@huntington.cheshire.sch.uk if you would like to attend, or alternatively make an appointment with Mr Bell or Miss Carpenter.

Kind regards,

Mr Rose
Headteacher

